

White Plains High School - April 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Baked Mac & Cheese (8 oz) Garlic Chili Broccoli (4 oz) Pretzel Sticks (1ea) Orange Wedges	2 French Toast (2 pieces) Turkey Sausage (2 ea) Sweet Potato Tots (4oz) Syrup Orange Wedges	3 Chicken Tenders with Sweet Thai Sauce Ginger Garlic Edamame (4 oz) Vegetable Fried Rice (8 oz) Fresh Pineapple	4 Baked Local Ziti with Ricotta and Mozzarella Herb Green Beans (8 oz) Rockland Bakery Dinner Rolls	5 BBQ Roasted Chicken Homemade Smashed Potatoes Cheddar Biscuit (1 ea. 2oz)
8 Local Pasta with Pink Sauce (8 oz Pasta 4 oz Sauce) Beef Meatballs (6 ea) Garlic Bread (1 ea) Roasted Zucchini Wedges (4 oz)	9 Crispy Chicken & Waffles Sweet Potato Fries Chipotle Mayo Dipping Sauce	10 Beef Meatball Wedge w. Melty Mozzarella Zesty Curly Fries (4 oz) Fresh Cut Fruit	11 Ziti with Meat Sauce (8 oz) Local Kale Caesar (4 oz) Rockland Bakery Dinner Roll (1 ea)	12 Cajun Roasted Chicken Spicy Black Beans (4 oz) Cornbread Muffins (1 ea) Cannonball Dipping Sauce
15 Creamy Pasta Primavera Italian Herb Broccoli (8 oz) Mozzarella Sticks (1 ea - 4oz)	16 French Toast (2 pieces) Turkey Sausage (2 ea) Sweet Potato Tots (4oz) Syrup Orange Wedges	17 Chicken Tenders with Sweet Thai Sauce Ginger Garlic Edamame (4 oz) Vegetable Fried Rice (8 oz) Fresh Pineapple	18 Homemade NYS Beef Lasagna (8 oz) (Ricotta Lasagna) Spicy NYS Green Beans (8 oz) Rockland Bakery Dinner Roll (1 ea)	19 Al Pastor Pork Tacos Soft Taco Tortillas Zesty Red Potatoes (4 oz) Chunked Pineapple 2 oz Guacamole 2 oz
22 No School	23 No School	24 French Toast (2 pieces) Turkey Sausage (2 ea) Sweet Potato Tots (4oz) Syrup	25 NYS Beef Ravioli with Marinara Roasted Garlic Broccoli with Lemon (8 oz) Rockland Bakery Dinner Roll (1 ea)	26 BBQ Roasted Chicken Homemade Smashed Potatoes Cheddar Biscuit (1 ea. 2oz)
29 Penne with Pink Sauce (8 oz Pasta 4 oz Sauce) Beef Meatball (6 ea) Italian Herb Green Beans Garlic Bread (1 ea)	30 Crispy Chicken & Waffles Sweet Potato Fries Chipotle Mayo Dipping Sauce	1 Guisado de Pollo Mexican Chicken Stew (4 oz) Cilantro Rice (8oz) Sofrito Black Beans (4 oz)	2 Baked Local Ziti Garlic Chili Broccoli (8 oz) Rockland Bakery Dinner Rolls	3 Cajun Roasted Chicken Crinkle Cut Fries (4 oz) Spicy Southern Succotash (4 oz) Cornbread Muffins (1 ea)

Daily TACO BAR	
Choice of Turkey or Bean Taco Tortilla Chips or WW Soft Tortilla Rice & Bean - Veggie of the Day Toppings: Crisp Romaine Lettuce; Shredded Cheddar Cheese, Salsa, Pickled Jalapeno Peppers, Sour Cream	
Daily Boar's Head Deli Made to Order! Featuring Boar's Head Meats - Turkey; Ham; Buffalo Chicken; Cheeses – American, Pepper Jack, Provolone, Swiss Daily Specials including Italian or American Combo	
Daily Toppings Bar Available with ALL Meals! Includes: Romaine Lettuce; Grape Tomatoes; Corn Salad or Potato Salad; Beans or Bean Salad; Baby Carrots; Cucumbers; Specialty Veggie Salad; Fruit	
<i>Available Daily:</i> Wraps – Weekly Specials Featuring Chicken Caesar, BBQ Chicken, Buffalo Chicken, and Tuna Salad Boar's Head Grab & Go Sandwiches offered on Whole Wheat Bread or Rolls: Turkey & Cheese; Ham & Cheese; PB&J; Veggie Burger; Hamburger/Cheeseburger; Chicken Patty; on a Whole Grain Bun Entrée Salads including Chicken Caesar; Veggie Hummus; w/ Homemade Croutons, served with Shredded Cheese and Tortilla Fruit & Yogurt Parfait – Low Fat Yogurt; Fruit & Organic Granola Pizza – Cheese, Pepperoni, Buffalo or Specialty on WG Crust Daily offering of Sweet Potato Tots or Tater Tots	

This institution is an equal opportunity provider. If you have a food allergy, please speak to the owner, manager, chef or your server.

All meals come with choice of: Entrée or Daily Alternate; All Vegetable Choices, including Toppings Bar; All Fruit Choices – Fresh Whole Fruit, Chilled Cupped Fruit, 100% Fruit Juice; Milk Choice – 1% and Fat Free White or Fat Free Chocolate
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