<u>DRAFT</u>

White Plains Public Schools

A Guide for Parents/Guardians for Setting up Screen Time Monitoring for iPads

Courtesy of PC Magazine:

https://www.pcmag.com/feature/363837/how-to-use-screen-time-in-apple-s-ios-12/11

On the iPad

Tap on Settings App



Tap Screen Time



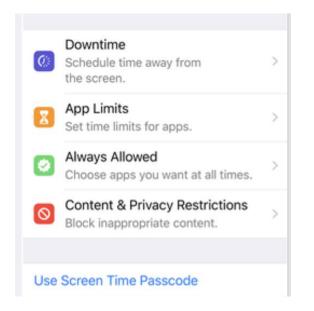
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Set Screen Time Passcode

Screen Time will now monitor how much time is spent on individual apps, features, and settings on the iPad.

Parents/Guardians - Tap the link to <u>Use Screen Time Passcode</u> to secure the Screen Time settings. Type and retype a passcode. Do not share the code with your child.

Screen Time Options



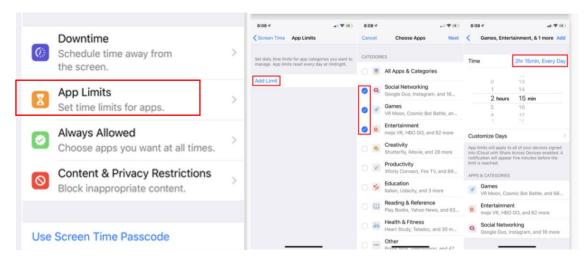
Downtime

Parents can set limits on which apps and features you can access and for how long. Tap the entry for Downtime and turn on the switch.

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Settings Screen Time	Screen Time Downti	me	Screen Time Down	ntime
SCREEN TIME Today at 2:52 PM	Downtime		Downtime	C
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4m	Every Day	~	Every Day	
Settings 4m	Customize Days		Customize Days	
Downtime 7 PM to 7 AM	From	7:00 PM	Sunday	7 PM to 7 AM
App Limits	То	7:00 AM	Monday	7 PM to 7 AM
Set time limits for apps.	Downtime will apply to all of into iCloud with Share Acros	s Devices enabled. A	Tuesday	7 PM to 7 AM
Always Allowed Choose apps you want at all times.	downtime reminder will app before downtime begins.	ear five minutes	Wednesday	7 PM to 7 AM
Content & Privacy Restrictions			Thursday	7 PM to 7 AM
Block inappropriate content.			Friday	7 PM to 7 AM
			Saturday	7 PM to 7 AM
Use Screen Time Passcode			Downtime will apply to all into iCloud with Share Ac	

You can create a time frame during which only certain apps will be allowed. Tap the From time and then the To time to set both for all days. Or tap Customize Days to schedule different times for each day of the week.

App Limits



Tap **App Limits > Add Limit**. At the Categories screen, you can either leave the default setting for All Apps & Categories, or select individual apps to limit.

After your desired apps are selected, tap Next. At the Time screen, set the number of hours and/or minutes after which the apps in the categories you chose will be blocked from further use.

You can choose a different duration for each day by tapping the option for Customize Days. Create different limits for different categories by setting them up separately. Tap Add to finish and view your settings.

Always Allowed

		3:24 - Image and	3:24 + • • • • • • • • • • • • • • • • •	3:25 + Back	Always Allowed
5				•	Audiobooks
Downtime		Always allowed apps are available during downtime, or if you selected the "All Apps & Categories" app limit.	Always allowed apps are available during downtime, or if you selected the "All Apps Categories" app limit.	0 🖸	Aura
Schedule time away from	>	ALLOWED APPS:	ALLOWED APPS:	0 0	Authenticator
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Set time limits for apps.		😑 🌄 Maps	Maps Remove	0 🗖	Best Buy
Always Allowed				•	BestParking
Choose apps you want at all times.	>	CHOOSE APPS:	CHOOSE APPS: 7E3DAEC414BE4F819F0390	o 🕫	BF News
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Content & Privacy Restrictions		AB POP!	AB POP!	۵ 🖀	Blokus
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Use Screen Time Passcode		Share Y Tweet @ Pin 4 6	mail		

Tap <u>Always Allowed</u>. To add an app to the allowed list, tap its plus sign. If you want to remove an app from the Always Allow list, tap the minus sign and tap Remove.

Content and Privacy Restrictions

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All Devices					-
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Productivity 1s	Allo	wed Apps		Nowed Apps	
	Cor	ntent Restrictions		Content Restrictions	
O Downtime 9:00 PM - 6:00 AM	PRIV	ACY		PRIVACY	
	Loc	ation Services	Allow >	Location Services	Allow
Set time limits for apps.	Cor	ntacts	Allow >	Contacts	Allow
Always Allowed	Cal	endars	Allow >	Calendars	Allow
Content & Privacy Restrictions		ninders	Allow >	Reminders	Allow
Block inappropriate content.	Pho	otos	Allow >	Photos	Allow
	Sha	ire My Location	Allow >	Share My Location	Allow
Use Screen Time Passcode	Blue	etooth Sharing	Allow >	Bluetooth Sharing	Allow
Use a passcode to secure Screen Time settings, and to allow for more time when limits expire.	A.f.o	rophone	Allow >	Microphone	Allow

Content and Privacy Restrictions (please proceed carefully, as there are a lot of settings in this feature)

Tap the entry for Content & Privacy Restrictions. Here, you can allow or disallow specific content, privacy settings, and other changes. Turn on the switch for Content & Privacy Restrictions.

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Safa	ri	Rating	s For	Unite	d States >	G		
- Face	Time	Music,	Podcasts	& News	Explicit >	PG		
La Face	anne	Music	Profiles &	Posts	On >			
Cam	era	Movies	2	A.U	II Movies >	PG-13		
Siri 8	& Dictation			Allow A	II Movies 2	R		
Malle	et	TV Sh	ows	Allow All T	V Shows >	NC-17		
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AIrDI	rop	Apps		Allow	All Apps >	Allow All M	ovies	
CarP	Play							
		WEB CC	NTENT			Show Movi	es in the Cloud	
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If you want to enable or disable specific apps, tap **Content & Privacy Restrictions > Allowed Apps** and toggle apps on or off. If you want to allow or ban specific content from the App Store, the web, and other sources, tap **Content & Privacy Restrictions > Content Restrictions** and pick what you'd like to allow or block.

Privacy Settings

If you want to limit the data that is shared on certain apps, you can control your settings in the Content & Privacy Restrictions menu under the <u>Privacy section</u>. Tap each entry to allow or disallow it.

PRIVACY	_
Location Services	Allow >
Contacts	Allow >
Calendars	Allow >
Reminders	Allow >
Photos	Allow >
Share My Location	Allow >
Bluetooth Sharing	Allow >
Microphone	Allow >

Once you make changes on the Content & Privacy Restrictions, those changes must be approved before they go into effect. In the Allow changes section, tap each change to allow or disallow it, and you're done.

Not Disturb While Driving	Back Do Not Dis	Data Changes			
v			Back Ce	estrictions	Content & Privacy Re
v	Allow	~	Allow	Allow >	Bluetooth Sharing
•	Don't Allow		Don't Allow	Allow >	Microphone
	Don't Allow		Don't Allow	Allow >	Speech Recognition
				Don't Allow >	Advertising
				Allow >	Media & Apple Music
]		ALLOW CHANGES:
				Allow >	Passcode Changes
				Allow >	Account Changes
				Allow >	Cellular Data Changes
				Allow >	Volume Limit
				ving Allow >	Do Not Disturb While Drivi
				Allow >	TV Provider
				Allow >	Background App Activities
				es Allow >	Background App Activities