

4th Grade

Flow of the Day - Sample

7:30 – 8:00	Wake up and get ready
8:00 – 8:30	Eat breakfast while listening to Dr. Ricca’s read aloud on Facebook Live (if possible)
8:30 – 9:00	ELA - Readworks lesson
9:00 – 9:10	<i>Break</i> (walk around and stretch)
9:10 – 9:40	Math
9:40 – 9:50	<i>Break</i> and snack time
9:50 – 10:30	Special (art, music, exercise)
10:30 – 11:00	Social Studies or Science
11:00 – 11:10	<i>Break</i> time (find a comfortable place to read)
11:10 – 11:40	Independent Reading
11:40 – 11:50	Energizer