

## ★ How Parents Can Help at Home

Acknowledging effort and progress is more important than getting the answer right.

Things you can say:

"I like the way you keep trying to \_\_\_\_\_."

"I noticed you're being a problem solver."

"I am proud of how hard you're working."

"Wow! Before you could not \_\_\_\_\_ but now you can \_\_\_\_\_!"

★ Focus on what you can control (effort, time, focus) instead of what you can't (luck, thinking the teacher likes you or not)

★ Make connections between your child's accomplishments and the efforts they invested to achieve them. For example, Look at the EFFORT grade on your child's report card instead of-or in addition to-their grades.

★ Model learning from mistakes.

★ Let your child's teacher know you want to be informed if your child is not putting effort into his or her work.

## ★ Tips for Helping with Homework

Our goal is to develop your child's independence.

We appreciate your partnership in nurturing and encouraging effective effort during homework time.

Below you will find some suggestions to guide you and your child through homework time. The expectation of homework is to promote effort, not perfection.

★ Check planners, folders, and homework together every night

★ Set up a homework center at home (pencils, crayons, ruler, scissors)

★ Encourage students to try on their own first

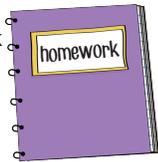
★ Encourage students to do what they are capable of (reading logs, written responses)

★ Establish a homework schedule and time frames to build time management (build in breaks if needed)

★ Support your child's strengths and weaknesses

★ Homework will always be practice of what they have learned in class

★ Use available resources to support your child (Reteaching pages in math homework book, EnVisions website, etc..)



## ★ Failures to Success Stories

Many people have had failures in life and overcame their challenges with effort.

★ Thomas Edison failed 1,000 times before inventing the light bulb.

★ Michael Jordan was cut from his high school basketball team before going on to becoming a legendary player in the NBA.

★ Abraham Lincoln was defeated in 8 elections and failed in business twice before becoming elected president.

★ Lionel Messi overcame major health issues as a child to become one of the greatest professional soccer players.

★ Rosa Parks faced adversity and persevered through a difficult period in American history and became a leading figure during the Civil Rights Movement.

★ Babe Ruth became a baseball legend despite striking out 1,330 times.

★ Dr. Seuss had 27 rejections before his first book was published.

## ★ Supporting Literature

*Wolf* by Becky Bloom

*How Rocket Learned to Read* by Tad Hill

*Petunia* by Roger Duvoisin

*The Little Engine that Could* by Watty Piper

*Thank You, Mr. Faulker* by Patricia Polacco

*Salt in My Shoes* by Deloris Jordan

*The Carrot Seed* by Ruth Kraus

*Brave Irene* by William Steig

*Going Someplace Special* by Patricia McKissack and Jerry Pinkney

*Out of My Mind* by Sharon Draper

*The One and Only Ivan* by Katherine Applegate

*Esperanza Rising* by Pam Munoz-Ryan

*Ralph Tells a Story* by Abby Hanlon

[www.freestoriesforkids.com/tales-for-kids/values-and-virtues/stories-about-effort](http://www.freestoriesforkids.com/tales-for-kids/values-and-virtues/stories-about-effort) (books in Spanish and English)



# Attribution Retraining



## Thank you!

Thank you very much for your partnership and dedication to the Church Street School community.

A positive home-school partnership makes a world of difference for your child's education. We cannot do this work without you. The effort that you put forward, we put forward and the students put forward will determine our ultimate success.

The Church Street School Staff