

STUDENT BULLETIN

Wednesday, October 18, 2017

"M" Day

Lunch Menu for the Week

16	C	17	D	18	E	19	F	20	A
Mozzarella Sticks with Marinara Sauce Hot Vegetables Fresh Fruit or 100% Fruit Juice		Chicken & Waffles w/syrup Baked Beans Mixed Fruit Cup		Baked Ziti Tossed Garden Salad w/Dressing Sliced Peaches		Hot Ham & Cheese Sandwich on Ciabatta Roll Fresh Cucumber Salad Applesauce Cup		Cheese Ravioli Garden Salad w/dressing Mixed Fruit Cup or 100% Fruit Juice	

Winter Sports Tryouts

Winter Sports tryouts begin **Monday November 13**.

Girls Basketball, Boys Basketball, Boys Swimming, Wrestling, Ice Hockey.

If you are interested in trying out for one of these teams, please see the nurses **EVEN IF YOU PLAYED A SPORT BEFORE**, to see what paperwork is needed to be cleared for this season.

Modified Ice Hockey Interest Meeting

The Modified Ice Hockey Team will be holding a mandatory interest meeting at 3pm in Room 204 at Highlands Middle School on **Thursday October 26**. If you cannot make the meeting or have any questions, please see Coach Sanchez in Room 204 Periods 2, 4, 6, or 9.

Please make sure that you and your parents take care of all required documentation related to physicals via the school nurses (Mrs. Pollard and Mrs. Gosdin). Blue (Sport Physical) form must be current, (done since last November until now). If your blue form is good, all the nurse needs is a parent update (yellow card) that has to be signed 30 days before the beginning of the sport, hence Monday 10/16 will be the start. Players **MUST** go see the nurse even if they just played a fall sport.

Any girls interested in playing hockey must see the athletic director at the HS (Mr. Cameron) to get the appropriate cross competition forms.

Coaches Sanchez and Bond

Programming Club

Programming Club will meet **TODAY, Wednesday, October 18** after school in Room 206.

Girl Talk for 8th Grade Students

Girl Talk will meet **TODAY, Wednesday, October 18** after school in Room 315 for 8th Grade Students only.

Roaring Readers

Roaring Readers will meet **TOMORROW, Thursday, October 19th** in Ms. Reale's room, Room 243. This is a change of location. Please bring your book with you.

Homework Center

The Homework Center will start on **Monday, October 23rd** and run Mondays, Tuesdays and Thursdays. Teachers will be available to provide academic help for a variety of subject areas. Students will be required to sign up for Homework Center during their lunch periods in the cafeteria. There is a limited number of seats available and it is first come, first served.

7th Grade Orchestra Lessons

16/CM Per. 1 - Viola 11/Irlen Per. 2 - Bass 16/Siegler Per. 6 - Violin 7/Irlen Per. 9 - Makeup/Rm. 12 Viola 9/Irlen	17/DS Per. 2 - Violin 3	18/EM 8 th Grade Lessons	19/FS Per. 2 - Violin 8/Irlen Per. 7 - Cello 13/Siegler	20/AM Per. 1 - Violin 1/Irlen Per. 2 - Cello 14/Siegler Per. 6 - Violin 2/Irlen Per. 9 - Violin 3/Irlen Cello 13 /Siegler
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8th Grade Orchestra Lessons

16/CM Per. 3 - Violin C/Irlen	17/DS Per. 1 - Violin A/Irlen Per. 3 - Makeup/Rm. 12 Per. 4 - Violin D/Irlen Per. 5 - Cello L/Siegler Per. 8 - Violin E/Irlen Cello M/Siegler	18/EM Per. 1 - Viola I/Irlen Per. 2 - Bass N/Siegler Per. 3 - Violin B/Irlen Per. 4 - Violin F/Irlen Per. 9 - Violin G/Irlen Bass O/Siegler	19/FS Per. 1 - Viola J/Irlen Per. 4 - Viola K/Irlen Per. 8 - Makeup/Rm.12	20/AM Per. 3 - Violin A/Irlen
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Band Lessons

16/CM Veeder: Per 3: G Per 4: A Per 5: E Per 8: F	17/DS Veeder: Pyne: Per 2: D Per 7: S Per 9: H Per 8: T Per 9: U	18/EM Veeder: Pyne: Per 3: J Per 7: V Per 5: K Per 8: W Per 8: I Per 9: X	19/FS Veeder: Pyne: Per 2: L Per 7: Y Per 8: Z Per 9: A1	20/AM Veeder: Pyne: Per 3: A Per 8: M Per 5: B Per 9: N
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Band Lessons

Lesson Locations and Teachers by Group:

Mr. Veeder (in room 3): A, B, C, D, E, F, G, H, I, J, K, L

Ms. Pyne (in auditorium): M, N, O, P, Q, R, S, T, U, V, W, X, Y, Z, A1

Have a great day!

