

Highlands Middle School
COVID-19 Quarantine - Frequently Asked Questions for Students

1. *Why do I have to quarantine?*

You have been asked to quarantine because you are exhibiting COVID-19 like symptoms, you have tested positive for COVID-19, you have been in close contact with a confirmed or suspected case of COVID-19, OR you have traveled to a state/country that requires you to quarantine.

Quarantine is used to keep someone who might have been exposed to COVID-19 away from others. Quarantine helps prevent spread of disease that can occur before a person knows they are sick or if they are infected with the virus without feeling symptoms. People in quarantine should stay home, separate themselves from others, monitor their health, and follow directions from the school nurse or Westchester County Health Department.

2. *Should I get tested for COVID-19?*

The school nurse, the district's nurse coordinator, and or the Westchester Department of Health will reach out to your parents and advise on the need to quarantine and arrange testing for those who may have potentially been exposed. If you would like to be tested, talk to your parent to have them contact (914) 995-5800 to find a testing location near you or talk with your doctor.

3. *What should I do while I'm home?*

While quarantined, if you are feeling well, you are expected to fully participate in remote learning and attendance will be taken. Let your parents and teachers know if you are having a problem with technology.

3. *What if I have more questions?*

Your parent can contact the district's COVID-19 and Nurse Coordinator, Magaly Racioppo at (914) 422-2011 or one of the Highlands school nurses: Rosemarie Corradina, Phone: (914) 422-2264 Email: rosemariecorradina@wpcsd.k12.ny.us or Noreen Gosdin, Phone: 914-422-2133 Email: noreengosdin@wpcsd.k12.ny.us

OR

We will also be hosting a voluntary Zoom meeting for **students only** to answer any questions you may have. This meeting will take place on Monday November 30 during your lunch period.

Use this Zoom Link: <https://zoom.us/j/91047905685?pwd=MINxZ0w2d2hta1VDajVRUkJrOU5xZz09>

Meeting ID: 910 4790 5685 Passcode: 12345

4. *Who else can I talk to?*

If you are feeling worried and would like to talk to someone, please reach out to your guidance counselor, social worker, or psychologist. They are here to help!

<p>Counselors: Ms. De Los Santos Email: stephaniedelossantos@wpcsd.k12.ny.us Phone: 914-422-2260</p> <p>Mr. Salley Email: michaelsalley@wpcsd.k12.ny.us Phone: 914-422-2129</p> <p>Ms. Guarin Email: ellaguarin@wpcsd.k12.ny.us Phone: 914-422-2256</p> <p>Ms. Valdes Email: helenavaldes@wpcsd.k12.ny.us Phone: 914-422-2115</p>	<p>Social Workers: Ms. Lembo Email: cindielembo@wpcsd.k12.ny.us Phone: 914-422-2271</p> <p>Ms. Halaifonua Email: kerbyhalaifonua@wpcsd.k12.ny.us Phone: 914-422-2261</p> <p>Ms. Rayvid Email: deniserayvid@wpcsd.k12.ny.us Phone: 914-422-2262</p>	<p>Psychologists: Ms. Ortiz Email: melanieortiz@wpcsd.k12.ny.us Phone: 914-422-2365</p> <p>Ms. Benishake Email: brynnbenishake@wpcsd.k12.ny.us Phone: (914) 422-2280</p>
---	---	---