



WPCSD Eastview Lunch Menu September 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<p>Labor Day Schools Closed HAPPY LABOR DAY</p> 	<p>6</p> <p>Hamburger Or Veggie Gardenburger</p> <p>On WG Bun Sweet Corn</p> <p>Assorted Fresh Fruit</p>	<p>7</p> <p>BBQ Chicken Sandwich</p> <p>Chicken Strips & Tangy BBQ Sauce on WG Club Roll Glazed Carrots Veggies Crunchers Apple Slices</p>	<p>8</p> <p>Meatball Dunkers</p> <p>Turkey Meatballs w/ Marinara Sauce Slices of WG Italian Bread Seasoned Green Beans Assorted Fresh Fruit</p>	<p>9</p> <p>Pizza Party!</p> <p>WG Cheese Pizza Garden Salad w/ Romaine Lettuce Fresh Whole Fruit 100% Fruit Juice</p>	
<p>12</p> <p>Toasty Cheese & Tots</p> <p>Toasted American Cheese on WW Bread Tater Tots Veggie Crunchers Fresh Fruit</p>	<p>13</p> <p>Chicken Nuggets</p> <p>Soft Pretzel Stick Vegetarian Baked Beans Fresh Fruit 100% Juice</p>	<p>14</p> <p>Chicken Parm Hero</p> <p>Chicken Strips Melted Mozzarella Cheese & Tomato Sauce on WG Club Roll Crunchy Carrots & Ranch Dip Apple Slices & Assorted Fresh Fruit</p>	<p>15</p> <p>Pasta & Meat Sauce</p> <p>Barilla WG Rotini Pasta With Homemade Meat Sauce WG Italian Bread Slice Seasoned Green Beans Apple Slices & Assorted Fresh Fruit</p>	<p>16</p> <p>Pizza Party!</p> <p>WG Cheese Pizza Garden Salad w/ Romaine Lettuce and Grape Tomatoes Fresh Whole Fruit 100% Fruit Juice</p>	
<p>19</p> <p>Toasty Cheese & Tots</p> <p>Toasted American Cheese on WW Bread Tater Tots Veggie Crunchers Fresh Fruit</p>	<p>20</p> <p>Taco Tuesday</p> <p>with Beef or Bean Taco Mix Soft WW Tortilla; Shredded Lettuce; Cheddar Cheese; Salsa; White Beans Veggie Crunchers; 100% Fruit Juice & Asst. Fresh Fruit</p>	<p>21</p> <p>BBQ Chicken Sandwich</p> <p>Chicken Strips & Tangy BBQ Sauce on WG Club Roll Glazed Carrots Veggies Crunchers Apple Slices</p>	<p>22</p> <p>Brunch 4 Lunch</p> <p>WG Pancakes w/ Syrup Breakfast Ham (Turkey) Fresh Berries Cucumber Sticks & Ranch Dip Assorted Fresh Fruit</p>	<p>23</p> <p>Pizza Party!</p> <p>WG Cheese Pizza Garden Salad w/ Romaine Lettuce and Grape Tomatoes Fresh Whole Fruit 100% Fruit Juice</p>	
<p>26</p> <p>Rosh Hashana Schools Closed</p>	<p>27</p> <p>Rosh Hashana Schools Closed</p>	<p>27</p> <p>Popcorn Chicken</p> <p>Served w/ Brown Rice & Peas & Carrots Assorted Fruit</p>	<p>28</p> <p>Turkey Hot Dog</p> <p>On WG Bun Vegetarian Baked Beans Fresh Whole Apple or Orange</p>	<p>29</p> <p>Pizza Party!</p> <p>WG Cheese Pizza Roasted Broccoli Fresh Whole Fruit 100% Fruit Juice</p>	
		<p>Daily Meat Free Alternate BAGEL, YOGURT & CHEESE LUNCH: WG Bagel, 4oz Fruit Yogurt; LF Mozzarella String Cheese or Toasty Cheese Sandwich on WW Bread</p> <p>Deli Sandwich Option: Available Tuesday, Wednesday & Thursday Turkey or Turkey Ham & Cheese (Alternate Weekly) or Cheese Whole Grain Roll</p> <p>Now offering Boar's Head Deli Meats & Cheese!</p>			<p>ALL LUNCH MEALS COME WITH ALL FRUITS & VEGETABLES; Milk choice - 1% or FF white; FF Chocolate</p>

This institution is an equal opportunity provider. If you have a food allergy, please speak to the owner, manager, chef or your server.

WELCOME BACK!

Important Changes for School Year 2022-2023

Lunch Meals are no longer provided free of charge. Cost is based on each student's eligibility.

Free/Reduced students, no charge; Paid Price \$3.25

Every WPCSD family is encouraged to complete an Enrollment Benefit Form for the 22-23 school year. A new form MUST be completed each year.

Apply at www.MySchoolApps.com or download and print the application The White Plains City School District

Students will need to scan their new barcoded ID cards to access their lunch account and receive meals.

Breakfast is offered daily, no charge, for all students for the 2022-2023 school year!

For more information or questions, please contact the WPCSD Food & Nutrition Program Office 914-422-2054. Se habla Español.

WG=Whole Grain; WW=Whole Wheat; LF=Low Fat
RS =Reduced Sugar; FF =Fat Free
(M) =Vegetarian/Meatless

A complete lunch meal includes: Choice of lunch entrée plus a fruit choice and/or vegetable choice.

In addition,
Students MAY CHOOSE, if they like, 2nd fruit or vegetable choices - fresh whole fruit or chilled cupped fruit; veggie dippers or hot vegetable;

Dawn McGinn, Director, Food & Nutrition
dawnmcginn@wpcsd.k12.ny.us
Food & Nutrition Program Office
(914)422-2054