



**Lunch Menu**  
**Highland's MS**  
**Weekly Lunch Menu**  
**September 19-23**

<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>	<i>FRIDAY</i>
<p><b>Daily Menu Selections</b>            Choice of:  <i>Pizza by the Slice</i> – w/ WG Crust, Cheese or Pepperoni;  <i>Grab &amp; Go Deli Sandwiches</i> – Now made with Boar's Head Meats &amp; Cheeses; offered on Whole Wheat Bread or Rolls: Turkey &amp; Cheese; Ham &amp; Cheese; Cheese Sandwich; PB&amp;J;            Bagel Lunch – WG Bagel – w/ low fat yogurt &amp; mozzarella string cheese; Yogurt Parfait w/ low fat vanilla yogurt; fruit; granola;  <i>Entrée Salad:</i> Garden Salad w/ Chicken</p>				
19th	20th	21st	22nd	23rd
<p><b><u>Chicken Tenders</u></b>            Honey Mustard Dipping Sauce            w/ Seasoned Carrots            WG Dinner Roll            100% Juice             Fruit Choice, Milk Choice</p>	<p><b><u>Brunch 4 Lunch</u></b>            Waffles w/ side of Canadian (Turkey) Bacon            Tater Tots             Fruit Choice, Milk Choice</p>	<p><b><u>Mozzarella Sticks</u></b>            w/ Marinara Sauce            Slice of WG Dinner Roll            Seasoned Green Beans             Fruit Choice, Milk Choice</p>	<p><b><u>Sabrett's Hot Dog</u></b>            WG Bun            Vegetarian Beans             Fruit Choice, Milk Choice</p>	<p><b><u>Popcorn Chicken</u></b>            Warm Pretzel Stick            Roasted Broccoli            100% Juice             Fruit Choice, Milk Choice</p>
<p><b>Vegetable &amp; Fruit Choices Offered Daily with Every Meal:</b>  <b>Fresh Fruit; Chilled Cupped Fruit or 100% Fruit Choice</b>  <b>Vegetable Selections include Hot Vegetable and Veggie Crunchers w/ Dip (Baby Carrots offered Daily)</b>  <b>Choice of Milk White 1% or Fat Free; 1% Chocolate</b></p>				

***Welcome Back!***  
***Important Changes for School Year 2022–2023***

Due to changes by the USDA, school lunch meals are no longer provided free of charge. Please visit the Food & Nutrition Office page on the WPCSD District website for more information.

*We encourage all families to complete an Enrollment Benefit Form (Formerly School Meals Application).*

Visit [www.MySchoolBucks.com](http://www.MySchoolBucks.com) if you would like to open an account to fund school lunches.

**Lunch Pricing:**  
 Paid Students \$3.25  
 Free/Reduced Students – No Charge

Ala Carte  
 Fruit or Juice \$.75  
 Milk \$.75

In addition,  
 Students MAY CHOOSE, if they like, 2nd fruit or vegetable choices – fresh whole fruit or chilled cupped fruit; veggie dippers or hot vegetable; ALL LUNCH MEALS COME WITH ALL FRUITS & VEGETABLES

Milk choice – 1% or FF white; FF Chocolate

Questions? Please contact:  
 Dawn McGinn  
 Director, Food & Nutrition Services  
[dawnmcginn@wpcsd.k12.ny.us](mailto:dawnmcginn@wpcsd.k12.ny.us) or by calling the Food & Nutrition Program Office  
 (914)422-2054

This institution is an equal opportunity provider. If you have a food allergy, please speak to the owner, manager, chef or your server.