Health education instills in students the knowledge and skills needed to examine options for making responsible health-related decisions.

- **Health Education is required for New York State high school graduation**
- The [New York State Learning Standards for Health](#) focus on: (1) Personal Health and Fitness, (2) A Safe and Healthy Environment, and (3) Resource Management.
- **My goal is to facilitate lifelong learning and foster health literacy skills—effective communication, critical thinking, self-directed learning, and responsible citizenship**
- **Common Core Learning Standards (CCLS):** Reading & Writing Standards for Literacy

### Topics
- Health and Wellness
- Nutrition
- Emotional Health
- Mental Health & Self-Esteem
- Violence & Abuse Prevention
- Stress Management
- Alcohol, Tobacco, and Other Drugs
- Sexual Health
- Pregnancy & Childbirth
- Abstinence & Contraception
- HIV/AIDS
- STI/STD Prevention

### Learning Experiences
- Differentiated & technology-based instruction
- Projects
- Guest-speaker/multi-media presentations
- Current events/games/cooperative learning
  *LATIC:* Access my teacher webpage to find out more information.*

### Class Rules and Procedures

<table>
<thead>
<tr>
<th>Marking Period Grade</th>
<th>Final Grade</th>
</tr>
</thead>
<tbody>
<tr>
<td>40% Test/Quizzes average</td>
<td>40% 1st Quarter</td>
</tr>
<tr>
<td>40% Classwork average</td>
<td>40% 2nd Quarter</td>
</tr>
<tr>
<td>20% Assignments/Projects average</td>
<td>20% Final Exam</td>
</tr>
</tbody>
</table>

### Student Responsibilities

- **It is your responsibility to complete all work.**

  If you're absent, it is your responsibility to make up all of the work that you missed on the days that you were absent.

  **Frequent absences will have a consequence and may affect your grade.**

- **Do utilize my webpage regularly!**

  Plagiarism and cheating will not be accepted!

An on-line copy of the textbook is available on my district webpage.
Health Class Supplies:
- 2 two-pocket folders

Both student and parent(s)/guardian(s), please read print and sign below.

I certify that both my parent/guardian and I have read and understand the rules, engagement, and course expectations of Ms. Lee's Health class.

Parent/Guardian- _________________________________ Print First and Last name
Parent/Guardian- _________________________________ Sign First and Last name
Student- _________________________________ Print First and Last name
Student- _________________________________ Sign First and Last name

Remind.com Class Codes: Follow the instructions below to sign up for Remind.com.
*Parents/guardians, please feel free to sign up for Remind.com to receive alerts as well. Use the same code that corresponds with your child’s class period.*

<table>
<thead>
<tr>
<th>Class Period</th>
<th>Class Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>Period 1</td>
<td>@wphsfall2</td>
</tr>
<tr>
<td>Period 2</td>
<td>@wphsfall20</td>
</tr>
<tr>
<td>Period 5</td>
<td>@a9had</td>
</tr>
<tr>
<td>Period 7</td>
<td>@hke224</td>
</tr>
<tr>
<td>Period 8</td>
<td>@cbdebk</td>
</tr>
</tbody>
</table>

Instructions:

You have three options for receiving alerts from me via Remind.com

1. If you have a SmartPhone, you can download the Remind App and sign up using the class code listed in the table above. Please make sure to use your first and last name.

2. You can also receive alerts from me via Remind by just text messages or email messages. Please note that I will NOT have access to your phone number/email address and you will NOT have access to my phone number but you do have access to my email address.

Sign Up for Remind via text messages/email:
1. Open a brand new text message.
2. In the area where you would type a telephone #, type “81010”
3. In the area where you would type a message, type your class code exactly the way it is posted in the table above.
4. Follow the prompts Remind will send you via text.
5. To sign up via email, create a new email message using your class code exactly the way it is posted in the table above with the @mail.remind.com extension.