

Mamaroneck Avenue School Physical Education Grades K-2 Curriculum Map

| <u>Kindergarten</u> | <u>Month</u> |
|--|---------------------|
| 1. Intro to PE | September |
| ➤ Rules | |
| ➤ Procedures | |
| 2. Movement | September |
| ➤ Introduction to basic loco-motor movements | |
| 3. Jump Rope | October |
| ➤ Introduction to basic jump roping skills | |
| 4. Ball bouncing | November |
| ➤ Introduction to basic ball bouncing skills | |
| 5. Throwing and catching | December |
| ➤ Introduction to basic throwing and catching skills | |
| 6. Scooters | January |
| ➤ Introduction to basic scooter manipulation | |
| 7. Stations | February |
| ➤ Introduction and review of various skills by using the concept of stations | |
| 8. Striking | March |
| ➤ Introduction to various striking skills | |
| 9. Relays and new games | April |
| ➤ Introduction to the idea of relays and fun games | |
| 10. Lacrosse | May |
| ➤ Introduction to basic lacrosse skills | |
| 11. Capture the flag | June |
| ➤ Introduction to the outdoor game | |

| <u>First Grade</u> | <u>Month</u> |
|--|---------------------|
| 1. Intro to PE | September |
| ➤ Rules | |
| ➤ Procedures | |
| 2. Movement | September |
| ➤ Refinement of basic loco-motor movements | |
| 3. Jump Rope | October |
| ➤ Refinement of basic jump roping skills | |
| 4. Ball bouncing | November |
| ➤ Refinement of basic ball bouncing skills | |
| 5. Throwing and catching | December |
| ➤ Refinement of basic throwing and catching skills | |
| 6. Scooters | January |
| ➤ Refinement of basic scooter manipulation | |
| 7. Stations | February |
| ➤ Refinement and review of various skills by using the concept of stations | |
| 8. Striking | March |
| ➤ Refinement of various striking skills | |
| 9. Relays and new games | April |
| ➤ Refinement of the idea of relays and fun games | |
| 10. Lacrosse | May |
| ➤ Refinement of basic lacrosse skills | |
| 11. Capture the flag | June |
| ➤ Introduction to the outdoor game | |

| <u>Second Grade</u> | <u>Month</u> |
|---|---------------------|
| 1. Intro to PE | September |
| ➤ Rules | |
| ➤ Procedures | |
| 2. Movement | September |
| ➤ Mastery of basic loco-motor movements | |
| 3. Jump Rope | October |
| ➤ Mastery of basic jump roping skills | |
| 4. Ball bouncing | November |
| ➤ Mastery of basic ball bouncing skills | |
| 5. Throwing and catching | December |
| ➤ Mastery of basic throwing and catching skills | |
| 6. Scooters | January |
| ➤ Mastery of basic scooter manipulation | |
| 7. Stations | February |
| ➤ Mastery and review of various skills by using the concept of stations | |
| 8. Striking | March |
| ➤ Mastery of various striking skills | |
| 9. Relays and new games | April |
| ➤ Mastery of the idea of relays and fun games | |
| 10. Lacrosse | May |
| ➤ Refinement of basic lacrosse skills | |
| 11. Capture the flag | June |
| ➤ Introduction to the outdoor game | |