School: White Plains High School  
Teacher: Mrs. Ifill-Roseau

Course: Health Education  
Room: E-207  
E-mail: michelleifillroseau@wpcsd.k12.ny.us

“The mission of the White Plains City School District is to educate and inspire all students, while nurturing their dreams, so they learn continually, think critically, pursue their aspirations and contribute to a diverse and dynamic world.”

In conformity with the WPCSD Mission Statement:
1. Students will be educated and inspired by allowing them choice in what they want to learn and do.
2. Students’ dreams will be nurtured by supporting and celebrating their strengths and talents.
3. Students will own their learning and develop skills to help them learn continually, thereby allowing them to become life-long learners.
4. Students will learn to think critically using content application, data analysis, and thought visualization.
5. Students will pursue aspirations by engaging in varied activities, which are conducive to the development of goals and interests exploration.
6. Students will work collaboratively to discover their individual purpose and create content for contribution to a diverse and dynamic world.

Classroom assignments/resources complementing WPCSD Mission Statement:
- Passion Project (Genius Hour)
- Scrapbook Project
- Final/Cumulative Project
- Learner-Active, Technology-Infused Classroom (LATIC)
- ISTE Standards: Empowered Learner, Digital Citizen, Knowledge Constructor, Innovative Designer, Computational Thinker, Creative Communicator, & Global Collaborator

Health education instills in students the knowledge and life skills needed to examine options for making responsible health-related decisions.

1. Health Education is required for New York State high school graduation
2. The New York State Learning Standards for Health focus on: (1) Personal Health and Fitness, (2) A Safe and Healthy Environment, and (3) Resource Management.
3. The Common Core Learning Standards (CCLS) focus on literacy—reading and writing—with an emphasis on college and career readiness
4. My goal is to facilitate lifelong learning and foster health literacy skills—global awareness, effective communication, critical thinking, self-directed learning, and responsible citizenship

Key Topics
- Health and Wellness
- Nutrition
- Life Skills
- Emotional Health
- Mental Health and Self-Esteem
- Stress management/Suicide Prevention
- Violence and Abuse Prevention
- Reproductive Health
- Pregnancy and Childbirth
- Abstinence and Contraception
- Sexually Transmitted Infections (STIs)
- HIV/AIDS
- Alcohol, Tobacco, and Other Drugs
- Global Health

Textbook: Lifetime Health (Holt, 2004)

Grades

Marking Period  
40% Quizzes and Tests  
40% Class Work  
20% Assignments/Projects

Final Average  
40% 1st Quarter  
40% 2nd Quarter  
20% Final Exam

40% is the new zero. No zeros!

✓ Failure is not an option and should not be the norm. Strive for excellence! Submit quality work.
✓ Assignments or projects start in class and are different from homework. Homework is no longer required. However, while homework is voluntary, it’s highly encouraged for continual learning. Please note that absence from class is not an excuse for missing work. All missed work must be completed ASAP.
✓ I care about all my students & earnestly want all to succeed. Advocate for yourself!
✓ Avoid plagiarism, dishonesty, & procrastination
✓ “Open Door...” see me for HELP during periods 1, 5, 7, 8, lunch, after school, or via Skype

Supplies
3-ring binder, pens, pencils, journal, headphones, highlighter, and USB Drive—to save data
**IMPORTANT MESSAGE!**

Please use **FIRST NAME** or **INITIALS** ONLY when creating videos and other works on public online sites. It is imperative that you practice **DIGITAL CITIZENSHIP** when using those sites or any other technology tools! Be responsible, respectful, wise, and safe. No cyberbullying and/or transmitting inappropriate materials. The school code of conduct will be strictly enforced with respect to any related violations.

<table>
<thead>
<tr>
<th>Technology Tools</th>
<th><strong>Office 365</strong></th>
<th><strong>Teen Health &amp; Wellness Database</strong> (Conduct health research)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Username: <a href="mailto:Districtusername@live.wpcsd.k12.ny.us">Districtusername@live.wpcsd.k12.ny.us</a></td>
<td><strong>Password:</strong> Same as district’s password</td>
<td><strong>Username:</strong> whiteplains/Password: library</td>
</tr>
<tr>
<td><strong>Assess your work, send e-mail messages, create online documents, etc.</strong></td>
<td><strong>@hsHEALTHed</strong></td>
<td><strong>(for educational purposes)</strong></td>
</tr>
<tr>
<td><strong>Office 365</strong></td>
<td><strong>Ensemble Video:</strong> Video DROPBOX</td>
<td><strong>Access Code 4W8DN-RV5QS</strong></td>
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<td><strong>nearpod Google padlet</strong></td>
<td><strong>atomic learning</strong></td>
<td><strong>OneNote blendspace</strong></td>
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<tr>
<td><strong>Technology Tools</strong></td>
<td><strong>Other Recommended Tools</strong></td>
<td><strong>Instructions for parents &amp; students</strong></td>
</tr>
<tr>
<td><strong>Office 365</strong></td>
<td><strong>Teen Health &amp; Wellness Database</strong> (Conduct health research)</td>
<td><strong>Text 810-10 with the words “join c3b74” to get update from Mrs. Ifill-Roseau via text message.</strong></td>
</tr>
<tr>
<td><strong>Username:</strong> whiteplains/ <strong>Password:</strong> library</td>
<td><strong>Ensemble Video:</strong> Video DROPBOX</td>
<td><strong>“Remind is a one-way text messaging and email system. With Remind, all personal information remains completely confidential. Teachers will never see your phone number, nor will you ever see theirs.”</strong></td>
</tr>
</tbody>
</table>
| **@hsHEALTHed** | **Access Code 4W8DN-RV5QS** | **Period 9 (Online Health):** [https://www.remind.com/join/c3b74](https://www.remind.com/join/c3b74)** National Board Certification Parental Release Form Permission Slip**

I love learning new things, thrive to be the best that I can be, and set new goals for myself. This school year, I will enroll in “an assessment to certify teachers as outstanding practitioners in teaching. My participation in this assessment, which is being conducted by the National Board for Professional Teaching Standards (National Board), is voluntary. The primary purposes of this assessment are to enhance student learning and encourage excellence in teaching.” During the National Board assessment process, students might be video-taped and their work might be collected. So, it is necessary that I seek your support by asking your parent/guardian to sign the attached permission slip and return it to me no later than 9/8/2017.

**Learner-Active, Technology-Infused Classroom™ (LATIC)**

I facilitate a learner-active classroom, for which I have received continual summer LATIC training by IDE Corp. The goals of LATIC are to raise academic rigor, actively engage students in learning, and build greater student responsibility for learning in all my courses. As outlined in **Students Taking Charge**, “students engage in real-world problems that provide a ‘felt need’ for building curricular skills and concepts. They learn independently and collaboratively with classroom colleagues and others around the world. They use technology seamlessly as a tool for learning. They manage projects, set goals, assess progress, identify resources for learning, and more.”

- **Yes** □ **No** To promote student learning, I support Mrs. Ifill-Roseau’s request to collect student data, take student photographs/videos, and post exemplary student work online or in the classroom based on WPCSD policy.
- **Yes** □ **No** By checking this box and signing in the spaces below, I certify that both my parent(s)/guardian(s) and I have read and understood all items, including the digital-citizenship rules of engagement and course expectations.

(Please PRINT) ________________________________ ________________________________ (Student’s Signature) _________ (Period)

(Please PRINT) ________________________________ ________________________________ (Guardian’s Signature) _________ (Date)