


Hi Church Street Champions,

All the coaches at Church Street wanted to say hi and let you know we miss all of you!

It's important to keep yourself moving on a daily basis especially being inside and not being able to have PE in school. Please check out school our webpage for ways to stay active and to stay healthy.

We all are thinking about you and want to make sure you are being active and healthy. If you stay active, it will make each day a little less stressful and make you happier!

Be good, stay healthy and we will see you soon.

Feel free to reach out to us to say Hi and we would love to get any pictures or videos of you doing some fun exercises 

You all are Church Street Champions 🏆

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