

**WHITE PLAINS PUBLIC SCHOOLS  
PERMIT FOR EXAMINATION BY SCHOOL PHYSICIAN FOR  
INTERSCHOLASTIC SPORTS PARTICIPATION**

Instructions: This form must be completed, front and back, and signed in all **three** places. It must then be returned to the school nurse before the physical exam may take place.

**STUDENT NAME:** \_\_\_\_\_ **SPORT:** \_\_\_\_\_

This is to certify that my child has permission to have a physical examination by the school physician for the purpose of competing in interscholastic sports.

**PARENT/ GUARDIAN'S SIGNATURE:** \_\_\_\_\_

<b>My Child Wears:</b>	Braces	Yes _____	No _____
	Removable Dental Appliance	Yes _____	No _____
	Eyeglasses	Yes _____	No _____
	Contact Lenses	Yes _____	No _____

**I take full responsibility for the use of the above during sports participation.**

**PARENT/ GUARDIAN'S SIGNATURE:** \_\_\_\_\_ **DATE:** \_\_\_\_\_

## MEDICAL HISTORY

This must be completed annually by the parent/guardian and student in order for the child to participate in interscholastic sports.

During the past 12 months has the student had any hospitalizations \_\_\_\_\_  
surgeries \_\_\_\_\_ injuries \_\_\_\_\_ orthopedic problems/fractures \_\_\_\_\_ diseases \_\_\_\_\_  
Mono \_\_\_\_\_ illness lasting more than 5 days \_\_\_\_\_? Please explain \_\_\_\_\_  
\_\_\_\_\_

Do you take **any** medication? Yes \_\_\_\_\_ No \_\_\_\_\_  
If yes, please list \_\_\_\_\_

Did you ever have an injury to, loss or absence of one organ,  
or vision to an eye? \_\_\_\_\_ Yes \_\_\_\_\_ No \_\_\_\_\_

Any **allergies** to medication, insect bites or food? Yes \_\_\_\_\_ No \_\_\_\_\_

Any history of heat intolerance, fainting, dizziness or  
seizure disorder? Yes \_\_\_\_\_ No \_\_\_\_\_

Any history of heart problems-murmurs, extra beats or  
high blood pressure? Yes \_\_\_\_\_ No \_\_\_\_\_

Has any family member had sudden death or heart attack  
before age 50? \_\_\_\_\_ Yes \_\_\_\_\_ No \_\_\_\_\_

Have you ever passed out or become dizzy while  
exercising? Yes \_\_\_\_\_ No \_\_\_\_\_

Do you have **Asthma** or **Reactive Airway Disease**? Yes \_\_\_\_\_ No \_\_\_\_\_

Do you have diabetes or any chronic illness? Yes \_\_\_\_\_ No \_\_\_\_\_

Have you ever been disqualified from sports participation?  
\_\_\_\_\_ Yes \_\_\_\_\_ No \_\_\_\_\_

Date of last tetanus booster \_\_\_\_\_

My son/daughter has my permission to participate in the aforementioned  
sport and I attest that all of the above information is true.

Signature of parent/guardian \_\_\_\_\_

Student Signature \_\_\_\_\_ Date \_\_\_\_\_